

Third Basic B.Sc. Nursing Examination, Summer 2018 MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks: 75

SECTION - A & SECTION - B

Instructions: 1) Use blue/black ball point pen only.

- Do not write anything on the blank portion of the question paper.
 If written anything, such type of act will be considered as an attempt to resort to unfair means.
- All questions are compulsory.
- The number to the right indicates full marks.
- Draw diagrams wherever necessary.
- 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
- Use a common answerbook for all sections.

SECTION - A (40 Marks)

Short answer question (any five out of six) :

 $(5 \times 5 = 25)$

- a) Nursing care Plan for client with victim of violence and abuse.
- b) Mental Health Team.
- c) Defense Mechanisms.
- d) Classification of mental Disorders.
- e) Mini Mental Status Examination.
- Preparation for EEG Investigation.

Long answer question (any one out of two) :

(1×15=15)

- a) Define stress and stressors. Write types of stress. Explain principles and technique to relieve stress.
- Define Dissociate disorders and Write types of Dissociate disorder. Write Nursing Process on client with Dissociate disorders.



SECTION - B (35 Marks)

3. Short answer question (any four out of five) :

 $(4 \times 5 = 20)$

- a) Phases of Therapeutic Communication.
- b) Lithium therapy.
- c) Occupation Therapy.
- d) Types of Scizophrenia.
- e) Classification of depression.
- Long answer question (any one out of two) :

(1×15=15)

- a) Define Sexual disorders and Explain types of sexual disorders. Write care plan on client with gender identity disorders.
- b) Define Mental Health Act and Explain Rights of Mentally ill client. Explain Forensic Psychiatric.



Third Basic B.Sc. Nursing Examination, Winter 2018 MENTAL HEALTH NURSING

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SECTION - A (40 Marks)

Short answer question (any five out of six) :

 $(5 \times 5 = 25)$

- a) Explain the concept of normal and abnormal behaviour.
- b) Discuss the discharge procedure for mentally ill patients.
- Describe the clinical manifestation of Alzheimers Dementia.
- d) Explain process of crisis intervention.
- e) Discuss the phases of Nurse Patient Relationship.
- f) Explain the levels of prevention in Psychiatric Nursing.
- 2. Long answer question (any one out of two):

- Define phobia, explain the types of Phobia. Discuss the management of a patient with social phobia. Explain any one behavior technique to control phobia in patient.
- b) Define schizophrenia, discuss the types of schizophrenia. Describe the management of patient with paranoid schizophrenia.



SECTION - B (35 Marks)

3. Short answer question (any four out of five) :

(4x5=20)

- a) Discuss Behaviour Therapy.
- b) Explain the clinical features of Autism.
- c) Discuss the rights of mentally ill.
- d) Discuss theories of grieving process.
- e) Discuss the Tablet Disulfiram.
- 4. Long answer question (any one out of two) :

- Enlist the aim and objective of National Mental Health Programme. Discuss the levels of prevention in Psychiatry. Describe roles and functions of Mental Health Nurse.
- Define Depression. Explain the clinical manifestation of Depression. Discuss the management of patient with Major Depressive Disorder.



Third Basic B.Sc. Nursing Examination, Summer 2017 MENTAL HEALTH NURSING

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SECTION - "A" (40 Marks)

Short answer question (any five out of six):

 $(5 \times 5 = 25)$

- a) National Mental Health Programme.
- b) Principles of Mental Health Nursing.
- c) Role of Nurse în psychological test.
- d) Johari-Window.
- e) Mental Health problems in Geriatrics.
- Bipolar effective disorder.

Long answer question (any one out of two):

(1×15=15)

- a) Define Generalized anxiety disorder. Explain types of anxiety disorders. Write Nursing care plan of client with Obsessive compulsive disorders.
- Define Alcohol abuse. Psychological and physical dependence of alcohol. Write clinical features of alcohol dependence and withdrawal.



SECTION - "B" (35 Marks)

3. Short answer question (any four out of five) :

 $(4 \times 5 = 20)$

- a) Follow up and home care of mentally challenged.
- b) Types of psychiatric emergencies.
- c) Forensic psychiatry
- d) Prevention of Mental disorders.
- e) Admission and discharge procedure of mentally ill.
- 4. Long answer question (any one out of two) :

- a) Define mood disorder. Classification of mood disorder. Nursing care plan of client with Mania.
- Define organic brain disorder. Classification of organic brain disorder. Explain treatment modalities and nursing management of client with organic disorder.

Third Basic B.Sc. Nursing Examination, Winter 2017 MENTAL HEALTH NURSING

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SECTION - A (40 Marks)

1. Short answer question (any five out of six) :

 $(5 \times 5 = 25)$

- a) Explain important features of Indian mental health act 1987.
- b) Approaches of psychiatric rehabilitation.
- c) Management of extra pyramidal side effects.
- d) Principles of psychiatric nursing.
- e) Classification of psychoactive substances abused commonly.
- Behavioural therapy.

Long answer question (any one out of two) :

- a) Enumerate the types of schizophrenia & Explain etiology and psychopathology of schizophrenia. Explain pharmacological and nursing management for adolescent boy with acute schizophrenia.
- b) Explain the diagnostic criteria of bi-polar mood disorder. Explain clinical features with respective psychopathology of mania. Explain comprehensive nursing management for patient with mania.



SECTION - B (35 Marks)

3. Short answer question (any four out of five) :

 $(4 \times 5 = 20)$

- a) Anorexia nervosa.
- b) Obsessive compulsive disorder.
- c) Types of phobia.
- d) Antidepressant drugs.
- e) Psychoeducation.
- 4. Long answer question (any one out of two) :

(1×15=15)

- a) State the scope and importance of community psychiatric nursing. Compare institutionalization versus deinstitutionalization of mentally ill patient in terms of Indian scenario. Discuss levels of prevention in regards with substance abuse disorder.
- Explain the etiology and clinical features of A.D.H.D. Explain nursing role in management of mental sub-normality.



Third Basic B.Sc. Nursing Examination, Summer 2016 MENTAL HEALTH NURSING

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SECTION - A

(40 Marks)

Short answer question (any five out of six):

(5x5=25)

- a) How will you assess for insight? Write down the grades of insight.
- b) Cognitive Behavior Therapy.
- c) Causes of alcoholism.
- d) Etiological factors for mental retardation.
- e) Rights of patient in psychiatry.
- Nursing management of patient with bipolar mood disorders.
- 2. Long answer question (any one out of two):

- a) Define mental health. List components of mental health and write indicators of mental health.
- b) Define phobia. List types and clinical features of phobia. Write any two priority nursing diagnosis for phobic patient.



SECTION - B

(35 Marks)

3. Short answer question (any four out of five) :

(4x5=20)

- a) Describe clinical features of depression.
- b) Write note on crisis intervention.
- c) Electro convulsive therapy.
- d) Write role of a nurse in preventive psychiatry.
- e) Management of catatonic stupor.
- 4. Long answer question (any one out of two):

- a) Define nurse patient relationship. Enumerate the conditions essential for development of therapeutic relationship. Describe management of patient with major depression.
 - b) Define the term personality. List the types of personality. Write the nursing care "plan for paranoid personality disorder.

Third Basic B.Sc. Nursing Examination, Summer 20 MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks: 75

SECTION - A & SECTION - B

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SECTION - A

(40 Marks)

1. Short answer question (any five out of six) :

(5x5=25)

- a) Group therapy.
- b) Pre ECT care of a patient.
- c) Mental health act.
- d) Classification of schizophrenia.
- e) Characteristics of mentally healthy person.
- fi Bulimia nervosa.

Long answer question (any one out of two) :

(1x15=15)

a) 1) Make a list of substances commonly abused.

(5)

Write the causes of drug abuse.

- (5)
- Write the management of person with alcohol withdrawal.

(5)

b) 1) Write the definition of community mental health.

(2)

Write the nurses role in primary level of prevention.

(5)

Write the difference between delusion and hallucination with examples.

P.T.O.

(8)

SECTION - B

(35 Ma.

3. Short answer question (any four out of five) : (4x5=20)

- a) Rights of mentally ill person.
- b) Positive and negative symptoms of schizophrenia.
- c) Care of patient with insomnia.
- d) Defense Mechanisms.
- e) Nurses responsibility in administration of antipsychotic drugs.

3) Write the misconceptions about mental illness.

4. L	ong ar	nswer question (any one out of two) :	(1x15=15)
	100	Write the indications of ECT.	(5)
	2) \	Write the post ECT care of patient.	(5)
	700	Write the complications of ECT.	(5)
1	o) 1) \	Write the mechanism of action of antipsychotic drugs.	(5)
	350 100	Write the classification of mental disorders.	(5'

Third Basic B.Sc. Nursing Examination, Summer 2015 MENTAL HEALTH NURSING

Total Duration: Section A + B = 3 Hours

Total Marks: 75

SECTION - A & SECTION - B

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- 3) All questions are compulsory.
- 4) The number to the right indicates full marks.
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- 7) Use a common answer book for all Sections.

(40 Marks) SECTION - A (5x5 = 25) Short answer question (any five out of six) : a) Group therapy. b) Pre ECT care of a patient. c) Mental health act. d) Classification of schizophrenia. e) Characteristics of mentally healthy person. Bulimia nervosa. (1x15=15)2. Long answer question (any one out of two) : (5) a) 1) Make a list of substances commonly abused. (5)Write the causes of drug abuse. (5)Write the management of person with alcohol withdrawal. (2) b) 1) Write the definition of community mental health. (5)Write the nurses role in primary level of prevention. Write the difference between delusion and hallucination with examples. (8)



Third BASIC B.Sc. NURSING, Winter 2015 Mental Health Nursing

Total Duration : Section A+B = 3 Hours

Total Marks: 75

Section - A & Section - B

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- 7) Use a common answer book for all sections.

Section "A" (40 Marks)

Short answer question (any five out of six):

(5x5=25)

- a) Write the principles of psychiatric nursing.
- b) Music Therapy.
- signs and symptoms of phobia.
- d) Write down levels of prevention in mental retardation.
- e) Process recording.
- f). Nursing management of patient with suicidal behaviour.

Long answer question (any one out of two) :

(1x15=15)

- a) Enlist signs and symptoms of mental illness. Write classification of mental disorders.
- Define community mental health nursing. Write the role of a nurse in community mental health.

Section "B" (35 Marks)

3. Short answer question (any four out of five):

(4x5=20)

- a) Alcohol Anonymous.
- b) Write note on Anorexia nervosa.
- c) Types of psychiatric emergencies.
- d) Explain Nurses responsibility in legal aspects in psychiatry.
- e) Management of Attention deficit hyperactivity disorder in children.

4. Long answer question (any one out of two):

- a) Define group therapy. Describe the steps of group therapy. Write a note on application of group therapy in substance abuse patients.
- Define mania, List clinical features of mania. Write nursing care plan of patient with mania.

Third Basic B.Sc. Nursing Examination, Summer 2014 MENTAL HEALTH NURSING

Total Duration: Section A + B + C = 3 Hours

Section B & C Marks : 60

SECTION - B & SECTION - C

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SECTION - B

(30 Marks)

Answer the following (any five out of six):

 $(5 \times 3 = 15)$

- a) Autism
- b) Dementia
- c) Primary level of prevention
- d) Types of schizophrenia
- e) Qualities of psychiatric nurse
- f) Thought disorder at content level

3. Answer the following (any three out of four):

 $(3 \times 5 = 15)$

- a) Marital therapy
- b) Rights of mentally ill patient
- c) Admission procedures of mentally ill
- d) Therapeutic communication techniques



	SECTION - C	(30 Marks)		
4.	Answer the following (any two out of three) :	(2×15=30)		
	a) Define Mania.			
	Describe clinical features of mania.	5		
	Discuss nursing management of patient with mania.	0		
}	b) Define Anxiety.	2		
	Write the various types of phobia.	5		
	List nursing diagnosis and write nursing care plan for two pursing diagnosis			
	priority basis for patient with social phobia.	8		
Ç	c) Define therapeutic nurse patient relationship.	2		
	Explain the goals of nurse patient relationship.	5		
	Discuss the phases of the nurse nation! relationship	200		



Third BASIC B.SC. NURSING Exam, Winter 2014 Mental Health Nursing

Total Durataion: Section A+B = 3 Hours

Total Marks: 75

Section - A & Section - B

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Section "A" (40 Marks)

1. Short answer question (any five out of six) :

(5x5=25)

- a) Principles of Psychiatric Nursing.
 - b) Process Recording.
 - c) Therapeutic Nurse Patient Relationship.
 - d) Role of Nurse in National Mental health Programme.
 - e) Antisocial personality disorder.
 - Bulimia Nervosa.

2. Long answer question (any one out of two) :

(1x15=15)

- A 30 yr. old female is admitted in the psychiatric unit with diagnosis severe depressive episode,
- a) Write etiological factors of depression. Write clinical features of depression. Write pharmacological & nursing management of depression.
- Define mental retardation, List down etiological factors of mental retardation. Write classification of mental retardation based on I.Q. Write nursing management for severe mental retardation.

Section "B" (35 Marks)

Short answer question (any four out of five) :

(4x5=20)

- a) Enuresis.
- b) Extra pyramidal syndrome (EPS).
- c) Delirium tremens.
- -, -,d) Behavioral therapy.
 - ,e) Pre ECT nursing care.

4. Long answer question (any one out of two) :

- Write down the characteristics (symptoms) of hebephrenic schizophrenia List down the Nursing diagnosis for hebephrenic shizophrenia . Write nursing care plan for two diagnosis on priority basis .
 - Explain Neuropsychiatric complications of Alcoholism. Write medical & nursing management of patient with alcohol withdrawal symptoms.